



# Régionale 5 couleurs

## Champion 11.2.2024

### Balise 10

**Nicolas SPILIERS**

Antwerp Orienteers

Circuit : H:Noir Long

Distance : 7700m (Dénivelé 210m)

Temps : 0:57:01 (7'24"/km)

**7/30**

O.K.

[Résultats complets sur Webres](#)

- |                             |         |
|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 0:46:43 |
| 2. Arnaud MAZY              | 0:47:52 |
| 3. Fabien PASQUASY          | 0:51:34 |

|     |     |          |          |       |          |
|-----|-----|----------|----------|-------|----------|
| 1.  | 151 | 00:02:39 |          | 287m  | 9'14"/km |
| 2.  | 122 | 00:10:20 | 00:12:59 | 1369m | 7'33"/km |
| 3.  | 144 | 00:09:10 | 00:22:09 | 1052m | 8'43"/km |
| 4.  | 141 | 00:02:20 | 00:24:29 | 287m  | 8'08"/km |
| 5.  | 152 | 00:04:15 | 00:28:44 | 627m  | 6'47"/km |
| 6.  | 148 | 00:05:54 | 00:34:38 | 820m  | 7'12"/km |
| 7.  | 147 | 00:02:04 | 00:36:42 | 238m  | 8'41"/km |
| 8.  | 155 | 00:01:05 | 00:37:47 | 112m  | 9'40"/km |
| 9.  | 146 | 00:03:12 | 00:40:59 | 482m  | 6'38"/km |
| 10. | 112 | 00:02:53 | 00:43:52 | 429m  | 6'43"/km |
| 11. | 142 | 00:02:46 | 00:46:38 | 419m  | 6'36"/km |
| 12. | 117 | 00:02:49 | 00:49:27 | 410m  | 6'52"/km |
| 13. | 149 | 00:01:01 | 00:50:28 | 151m  | 6'44"/km |
| 14. | 150 | 00:02:17 | 00:52:45 | 350m  | 6'31"/km |
| 15. | 132 | 00:01:18 | 00:54:03 | 181m  | 7'11"/km |
| 16. | 165 | 00:02:23 | 00:56:26 | 383m  | 6'13"/km |
| 17. | 999 | 00:00:35 | 00:57:01 | 138m  | 4'14"/km |

Orienteering Software