



Régionale 5 couleurs Champion 11.2.2024 Balise 10

Helina POST

Luxembourg Orienteering Club

Circuit : D:Noir Moyen

Distance : 5200m (Dénivelé 160m)

Temps : 1:08:54 (13'15"/km)

7/17

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Jessica LIMPACH | 0:45:06 |
| 2. Claudia ROOMAN | 0:45:27 |
| 3. Anaïs MAZY | 0:48:20 |

1.	159	00:04:52		259m	18'47"/km
2.	148	00:02:44	00:07:36	252m	10'51"/km
3.	115	00:17:01	00:24:37	1267m	13'26"/km
4.	144	00:08:53	00:33:30	587m	15'08"/km
5.	157	00:03:36	00:37:06	262m	13'44"/km
6.	112	00:06:02	00:43:08	577m	10'27"/km
7.	161	00:03:51	00:46:59	299m	12'53"/km
8.	154	00:02:01	00:49:00	187m	10'47"/km
9.	160	00:08:09	00:57:09	364m	22'23"/km
10.	158	00:03:10	01:00:19	274m	11'33"/km
11.	132	00:04:19	01:04:38	333m	12'58"/km
12.	165	00:03:35	01:08:13	383m	9'21"/km
13.	999	00:00:41	01:08:54	138m	4'57"/km

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Orienteering Software