



Valentijn - Forest cup

KEIHEUVEL - BALEN 11.2.2024

K.O.L.

Jan VAN DER ELST

Omega

Omloop : H:03

Afstand : 5800m

Tijd : 0:47:40 (8'13"/km)

14/40

O.K.

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- | | |
|-----------------------|---------|
| 1. Guido TIMMERS | 0:36:40 |
| 2. Bart VAN DE MOORTE | 0:39:55 |
| 3. Jelle BAKELANTS | 0:41:27 |

1.	33	00:01:17		183m	7'01"/km
2.	39	00:02:15	00:03:32	172m	13'05"/km
3.	43	00:02:03	00:05:35	233m	8'48"/km
4.	50	00:03:18	00:08:53	410m	8'03"/km
5.	53	00:01:38	00:10:31	181m	9'01"/km
6.	60	00:05:58	00:16:29	855m	6'59"/km
7.	224	00:03:21	00:19:50	235m	14'15"/km
8.	221	00:04:10	00:24:00	497m	8'23"/km
9.	222	00:01:17	00:25:17	127m	10'06"/km
10.	223	00:03:20	00:28:37	454m	7'21"/km
11.	225	00:02:23	00:31:00	286m	8'20"/km
12.	227	00:04:30	00:35:30	538m	8'22"/km
13.	229	00:03:25	00:38:55	448m	7'38"/km
14.	231	00:01:54	00:40:49	198m	9'36"/km
15.	233	00:01:05	00:41:54	168m	6'27"/km
16.	235	00:02:40	00:44:34	356m	7'29"/km
17.	237	00:01:22	00:45:56	174m	7'51"/km
18.	200	00:01:09	00:47:05	167m	6'53"/km
19.	999	00:00:35	00:47:40	114m	5'07"/km

Orienteering Software