



Valentijn - Forest cup

KEIHEUVEL - BALEN 11.2.2024

K.O.L.

Michel VAN DONGEN

Antwerp Orienteers

Omloop : H:02

Afstand : 7290m

Tijd : 0:48:59 (6'43"/km)

5/41

O.K.

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|--------------------|---------|
| 1. Olivier DE SMUL | 0:45:13 |
| 2. Roland VAN LOON | 0:47:13 |
| 3. Bob DE CLEENE | 0:47:47 |

1.	35	00:02:27	374m	6'33"/km
2.	36	00:01:21 00:03:48	102m	13'14"/km
3.	38	00:01:32 00:05:20	176m	8'43"/km
4.	45	00:03:29 00:08:49	403m	8'39"/km
5.	49	00:02:43 00:11:32	346m	7'51"/km
6.	53	00:01:29 00:13:01	245m	6'03"/km
7.	57	00:02:50 00:15:51	488m	5'48"/km
8.	62	00:02:10 00:18:01	333m	6'30"/km
9.	63	00:01:23 00:19:24	216m	6'24"/km
10.	64	00:04:53 00:24:17	839m	5'49"/km
11.	65	00:01:40 00:25:57	295m	5'39"/km
12.	66	00:01:47 00:27:44	323m	5'31"/km
13.	221	00:02:07 00:29:51	354m	5'59"/km
14.	223	00:02:29 00:32:20	427m	5'49"/km
15.	226	00:04:22 00:36:42	708m	6'10"/km
16.	228	00:02:12 00:38:54	381m	5'46"/km
17.	230	00:02:24 00:41:18	218m	11'01"/km
18.	232	00:00:51 00:42:09	83m	10'14"/km
19.	234	00:03:13 00:45:22	407m	7'54"/km
20.	235	00:00:45 00:46:07	99m	7'35"/km
21.	238	00:01:32 00:47:39	243m	6'19"/km
22.	200	00:00:46 00:48:25	120m	6'23"/km
23.	999	00:00:34 00:48:59	114m	4'58"/km

Orienteering Software