



Militair Regelmatigheidscriterium

Tilff 6.2.2024

CC R&A

Martijn VANHAEREN

Bvr/5Li

Omloop : H:06

Afstand : 5000m

Tijd : 1:07:37 (13'31"/km)

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O.K.

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- | | |
|---------------------------|---------|
| 1. Jean-Manuel VERPOORTEN | 0:46:26 |
| 2. Marc ARNARDI | 1:02:52 |
| 3. Jonas SCHLECHTWEG | 1:09:26 |

1.	155	00:00:44		83m	8'50"/km
2.	160	00:01:48	00:02:32	136m	13'14"/km
3.	178	00:03:01	00:05:33	245m	12'19"/km
4.	179	00:00:00	00:05:33	129m	0'00"/km
5.	164	00:00:57	00:06:30	112m	8'29"/km
6.	154	00:12:26	00:18:56	570m	21'49"/km
7.	153	00:02:28	00:21:24	284m	8'41"/km
8.	152	00:10:18	00:31:42	341m	30'12"/km
9.	151	00:02:11	00:33:53	163m	13'24"/km
10.	150	00:02:46	00:36:39	329m	8'25"/km
11.	149	00:04:39	00:41:18	412m	11'17"/km
12.	170	00:01:25	00:42:43	78m	18'10"/km
13.	148	00:05:04	00:47:47	474m	10'41"/km
14.	147	00:02:10	00:49:57	165m	13'08"/km
15.	146	00:04:36	00:54:33	279m	16'29"/km
16.	145	00:04:09	00:58:42	268m	15'29"/km
17.	173	00:05:25	01:04:07	242m	22'23"/km
18.	110	00:02:14	01:06:21	387m	5'46"/km
19.	180	00:01:16	01:07:37	313m	4'03"/km

Orienteering Software