



Treino COC Mapa 3

Neoville - CIC - Curitiba 3.2.2024

Clube de Orientação de Curitiba

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Clube de Orientação Gralha Azul

Percurso : H SENIOR

Distancia : 1300m (Desnivel 15m)

Tempo : 0:08:29 (6'32"/km)

1/6

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------------------|---------|
| 2. Julio Cesar Scheffer Walter | 0:09:06 |
| 3. Manoel Jesus De Almeida | 0:09:33 |

1.	74	00:00:19		38m	8'20"/km
2.	91	00:00:46	00:01:05	44m	17'25"/km
3.	96	00:01:16	00:02:21	205m	6'11"/km
4.	119	00:00:30	00:02:51	69m	7'15"/km
5.	104	00:00:33	00:03:24	70m	7'51"/km
6.	109	00:00:54	00:04:18	131m	6'52"/km
7.	120	00:00:29	00:04:47	89m	5'26"/km
8.	117	00:00:14	00:05:01	32m	7'18"/km
9.	107	00:00:52	00:05:53	126m	6'53"/km
10.	102	00:02:06	00:07:59	431m	4'52"/km
11.	90	00:00:21	00:08:20	64m	5'28"/km
12.	999	00:00:09	00:08:29	24m	6'15"/km

HELGA

Orienteering Software