



Treino COC Mapa 2

Neoville - CIC - Curitiba 3.2.2024

Clube de Orientação de Curitiba

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Clube de Orientação Gralha Azul

Percurso : H SENIOR

Distancia : 900m (Desnivel 10m)

Tempo : 0:06:45 (7'30"/km)

1/5

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 2. Manoel Jesus De Almeida | 0:07:53 |
| 3. Roberto Raimundo Da Silva | 0:08:20 |

1.	73	00:00:23		51m	7'31"/km
2.	76	00:00:22	00:00:45	39m	9'24"/km
3.	71	00:00:33	00:01:18	33m	16'40"/km
4.	80	00:00:26	00:01:44	45m	9'38"/km
5.	73	00:00:25	00:02:09	50m	8'20"/km
6.	71	00:00:32	00:02:41	40m	13'20"/km
7.	75	00:00:34	00:03:15	31m	18'17"/km
8.	93	00:00:44	00:03:59	112m	6'33"/km
9.	96	00:00:47	00:04:46	129m	6'04"/km
10.	104	00:01:27	00:06:13	227m	6'23"/km
11.	90	00:00:23	00:06:36	72m	5'19"/km
12.	999	00:00:09	00:06:45	35m	4'17"/km

HELGA

Orienteering Software