



OL Zypendaal-Sonsbeek

Arnhem 28.1.2024

argus

Espen Fyhn NILSEN

OLIFANT

Omloop : 5 KM

Afstand : 4940m

Tijd : 0:45:10 (9'09"/km)

4/40

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Vincent VELTHUIS | 0:37:45 |
| 2. Ronald HENDRIKS | 0:41:09 |
| 3. Hanne MOURITS | 0:41:59 |

1.	63	00:01:47		166m	10'45"/km
2.	33	00:02:28	00:04:15	274m	9'00"/km
3.	34	00:02:00	00:06:15	241m	8'18"/km
4.	64	00:01:31	00:07:46	206m	7'22"/km
5.	35	00:01:17	00:09:03	169m	7'36"/km
6.	36	00:02:01	00:11:04	296m	6'49"/km
7.	38	00:03:31	00:14:35	302m	11'39"/km
8.	39	00:01:54	00:16:29	194m	9'48"/km
9.	45	00:01:28	00:17:57	195m	7'31"/km
10.	40	00:02:42	00:20:39	253m	10'40"/km
11.	44	00:02:12	00:22:51	326m	6'45"/km
12.	41	00:01:56	00:24:47	224m	8'38"/km
13.	37	00:03:24	00:28:11	352m	9'40"/km
14.	46	00:03:24	00:31:35	350m	9'43"/km
15.	48	00:03:40	00:35:15	300m	12'13"/km
16.	54	00:01:27	00:36:42	223m	6'30"/km
17.	50	00:04:06	00:40:48	328m	12'30"/km
18.	59	00:02:44	00:43:32	349m	7'50"/km
19.	999	00:01:38	00:45:10	188m	8'41"/km

Orienteering Software