



OL Zypendaal-Sonsbeek

Arnhem 28.1.2024

argus

Herman ELFRINK

MINOR

Omloop : 8 KM

Afstand : 7690m

Tijd : 1:14:57 (9'45"/km)

17/27

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Roelof POSTHOUWER | 0:49:29 |
| 2. Maarten DE VRIES | 0:51:26 |
| 3. Jeroen LIEFRINK | 0:52:05 |

1.	67	00:03:28		381m	9'06"/km
2.	32	00:01:59	00:05:27	228m	8'42"/km
3.	33	00:00:43	00:06:10	97m	7'23"/km
4.	34	00:02:08	00:08:18	241m	8'51"/km
5.	35	00:02:09	00:10:27	205m	10'29"/km
6.	36	00:01:57	00:12:24	296m	6'35"/km
7.	38	00:03:19	00:15:43	302m	10'59"/km
8.	40	00:01:52	00:17:35	207m	9'01"/km
9.	44	00:02:32	00:20:07	326m	7'46"/km
10.	43	00:02:10	00:22:17	266m	8'09"/km
11.	41	00:02:00	00:24:17	116m	17'14"/km
12.	37	00:03:21	00:27:38	352m	9'31"/km
13.	45	00:02:37	00:30:15	256m	10'13"/km
14.	39	00:02:08	00:32:23	195m	10'56"/km
15.	46	00:04:15	00:36:38	436m	9'45"/km
16.	47	00:03:59	00:40:37	304m	13'06"/km
17.	48	00:02:35	00:43:12	257m	10'03"/km
18.	54	00:01:47	00:44:59	223m	8'00"/km
19.	49	00:01:25	00:46:24	189m	7'30"/km
20.	57	00:03:11	00:49:35	284m	11'13"/km
21.	51	00:02:53	00:52:28	333m	8'40"/km
22.	52	00:02:41	00:55:09	322m	8'20"/km
23.	50	00:03:16	00:58:25	259m	12'37"/km
24.	55	00:03:45	01:02:10	345m	10'52"/km
25.	62	00:06:11	01:08:21	609m	10'09"/km
26.	60	00:02:04	01:10:25	186m	11'07"/km
27.	59	00:02:35	01:13:00	287m	9'00"/km
28.	999	00:01:57	01:14:57	188m	10'22"/km

Orienteering Software