



OL Zypendaal-Sonsbeek

Arnhem 28.1.2024

argus

Arjan JAGER

Individuals/No club

Omloop : 8 KM

Afstand : 7690m

Tijd : 1:14:45 (9'43"/km)

16/27

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Roelof POSTHOUWER | 0:49:29 |
| 2. Maarten DE VRIES | 0:51:26 |
| 3. Jeroen LIEFRINK | 0:52:05 |

1.	67	00:07:04		381m	18'33"/km
2.	32	00:02:21	00:09:25	228m	10'18"/km
3.	33	00:00:36	00:10:01	97m	6'11"/km
4.	34	00:01:36	00:11:37	241m	6'38"/km
5.	35	00:04:11	00:15:48	205m	20'24"/km
6.	36	00:01:49	00:17:37	296m	6'08"/km
7.	38	00:03:10	00:20:47	302m	10'29"/km
8.	40	00:02:30	00:23:17	207m	12'05"/km
9.	44	00:03:13	00:26:30	326m	9'52"/km
10.	43	00:03:35	00:30:05	266m	13'28"/km
11.	41	00:02:19	00:32:24	116m	19'58"/km
12.	37	00:02:36	00:35:00	352m	7'23"/km
13.	45	00:01:56	00:36:56	256m	7'33"/km
14.	39	00:01:50	00:38:46	195m	9'24"/km
15.	46	00:04:42	00:43:28	436m	10'47"/km
16.	47	00:02:43	00:46:11	304m	8'56"/km
17.	48	00:01:58	00:48:09	257m	7'39"/km
18.	54	00:01:42	00:49:51	223m	7'37"/km
19.	49	00:01:15	00:51:06	189m	6'37"/km
20.	57	00:02:11	00:53:17	284m	7'41"/km
21.	51	00:03:12	00:56:29	333m	9'37"/km
22.	52	00:02:03	00:58:32	322m	6'22"/km
23.	50	00:02:19	01:00:51	259m	8'57"/km
24.	55	00:02:48	01:03:39	345m	8'07"/km
25.	62	00:06:04	01:09:43	609m	9'58"/km
26.	60	00:01:35	01:11:18	186m	8'31"/km
27.	59	00:01:53	01:13:11	287m	6'34"/km
28.	999	00:01:34	01:14:45	188m	8'20"/km

Orienteering Software