



Training Skihütte

Rodt 7.1.2024

O.L.G. St. Vith ARDOC

Stephan HANS

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Strecke : H:A Schwarz lang

Länge : 6400m

Zeit : 1:11:56 (11'14"/km)

6/10

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Thomas BREDO	0:53:05
2. Klaus SCHWALL	0:59:43
3. Guido LENGES	1:00:33

1.	101	00:04:28		376m	11'53"/km
2.	110	00:02:05	00:06:33	217m	9'36"/km
3.	111	00:02:19	00:08:52	230m	10'04"/km
4.	102	00:04:33	00:13:25	191m	23'49"/km
5.	112	00:03:29	00:16:54	206m	16'55"/km
6.	113	00:03:14	00:20:08	425m	7'36"/km
7.	103	00:00:50	00:20:58	109m	7'39"/km
8.	104	00:05:14	00:26:12	396m	13'13"/km
9.	105	00:02:18	00:28:30	144m	15'58"/km
10.	114	00:04:13	00:32:43	428m	9'51"/km
11.	115	00:01:29	00:34:12	166m	8'56"/km
12.	116	00:01:07	00:35:19	124m	9'00"/km
13.	106	00:06:13	00:41:32	388m	16'01"/km
14.	107	00:02:53	00:44:25	259m	11'08"/km
15.	108	00:03:44	00:48:09	399m	9'21"/km
16.	109	00:01:25	00:49:34	140m	10'07"/km
17.	233	00:02:51	00:52:25	220m	12'57"/km
18.	117	00:01:04	00:53:29	112m	9'31"/km
19.	118	00:04:05	00:57:34	426m	9'35"/km
20.	220	00:04:09	01:01:43	334m	12'26"/km
21.	221	00:01:16	01:02:59	121m	10'28"/km
22.	222	00:03:13	01:06:12	444m	7'15"/km
23.	223	00:03:40	01:09:52	396m	9'16"/km
24.	224	00:01:28	01:11:20	116m	12'39"/km
25.	120	00:00:36	01:11:56	75m	8'00"/km

Orienteering Software