



# SYLVESTER 5 DAYS 2023 - DAY 1

Pijnven Noord 26.12.2023

Omega

**Rogier VANAKEN**

Omega

Omloop : H70

Afstand : 3330m

Tijd : 0:41:24 (12'26"/km) [Punten : 697]

5/15

O.K.

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- |                    |                |
|--------------------|----------------|
| 1. Rudy CANTRE     | 0:28:52 [1000] |
| 2. Kalle LINDQVIST | 0:39:11 [737]  |
| 3. Robert ZWAHLEN  | 0:39:52 [724]  |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 171 | 00:01:43 |          | 133m | 12'54"/km |
| 2.  | 174 | 00:02:47 | 00:04:30 | 165m | 16'52"/km |
| 3.  | 168 | 00:03:24 | 00:07:54 | 169m | 20'07"/km |
| 4.  | 177 | 00:03:32 | 00:11:26 |      |           |
| 5.  | 179 | 00:02:38 | 00:14:04 | 247m | 10'40"/km |
| 6.  | 113 | 00:02:24 | 00:16:28 | 246m | 9'45"/km  |
| 7.  | 165 | 00:04:37 | 00:21:05 |      |           |
| 8.  | 126 | 00:00:29 | 00:21:34 |      |           |
| 9.  | 122 | 00:03:05 | 00:24:39 | 270m | 11'25"/km |
| 10. | 144 | 00:04:56 | 00:29:35 | 467m | 10'34"/km |
| 11. | 145 | 00:01:09 | 00:30:44 | 87m  | 13'13"/km |
| 12. | 147 | 00:02:40 | 00:33:24 | 235m | 11'21"/km |
| 13. | 154 | 00:02:55 | 00:36:19 | 233m | 12'31"/km |
| 14. | 158 | 00:02:20 | 00:38:39 | 184m | 12'41"/km |
| 15. | 169 | 00:02:09 | 00:40:48 | 260m | 8'16"/km  |
| 16. | 999 | 00:00:36 | 00:41:24 | 104m | 5'46"/km  |

Orienteering Software