



SYLVESTER 5 DAYS 2023 - DAY 1

Pijnven Noord 26.12.2023

Omega

Nicolas SPILIERS

Antwerp Orienteers

Omloop : HE

Afstand : 8690m

Tijd : 1:11:36 (8'14"/km) [Punten : 649]

13/22

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|----------------|
| 1. Benjamin ANCIAUX | 0:46:29 [1000] |
| 2. Roman ZBRANEK | 0:49:06 [947] |
| 3. Simon KREKELS | 0:49:40 [936] |

1.	172	00:01:46	200m	8'50"/km
2.	178	00:01:59 00:03:45	252m	7'52"/km
3.	111	00:01:15 00:05:00	160m	7'49"/km
4.	114	00:01:23 00:06:23	165m	8'23"/km
5.	121	00:06:10 00:12:33	448m	13'46"/km
6.	149	00:03:33 00:16:06	435m	8'10"/km
7.	147	00:02:01 00:18:07	154m	13'06"/km
8.	142	00:02:42 00:20:49	373m	7'14"/km
9.	143	00:03:18 00:24:07	408m	8'05"/km
10.	145	00:02:36 00:26:43	288m	9'02"/km
11.	146	00:01:48 00:28:31	221m	8'09"/km
12.	140	00:04:40 00:33:11	596m	7'50"/km
13.	139	00:01:39 00:34:50	214m	7'43"/km
14.	161	00:00:41 00:35:31	81m	8'26"/km
15.	137	00:01:20 00:36:51	166m	8'02"/km
16.	135	00:03:23 00:40:14	350m	9'40"/km
17.	132	00:04:03 00:44:17	426m	9'30"/km
18.	133	00:01:35 00:45:52	208m	7'37"/km
19.	165	00:02:12 00:48:04	242m	9'05"/km
20.	129	00:03:00 00:51:04	387m	7'45"/km
21.	127	00:01:50 00:52:54	212m	8'39"/km
22.	124	00:01:57 00:54:51	258m	7'33"/km
23.	123	00:02:10 00:57:01	266m	8'09"/km
24.	113	00:02:42 00:59:43	364m	7'25"/km
25.	115	00:01:31 01:01:14	191m	7'56"/km
26.	119	00:01:24 01:02:38	184m	7'37"/km
27.	151	00:02:54 01:05:32	459m	6'19"/km
28.	155	00:02:41 01:08:13	395m	6'48"/km
29.	158	00:01:16 01:09:29	178m	7'07"/km
30.	169	00:01:38 01:11:07	260m	6'17"/km
31.	999	00:00:29 01:11:36	104m	4'39"/km