



# SYLVESTER 5 DAYS 2023 - DAY 1

Pijnven Noord 26.12.2023

Omega

Lieve GEENS

TROL

Omloop : D70

Afstand : 3290m

Tijd : 0:53:56 (16'24"/km) [Punten : 801]

6/10

O.K.

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|                   |                |
|-------------------|----------------|
| 1. Odette MORET   | 0:43:13 [1000] |
| 2. Sirpa KOIVULA  | 0:47:31 [910]  |
| 3. Monica ROELING | 0:49:06 [880]  |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 175 | 00:04:55 |          | 228m | 21'34"/km |
| 2.  | 174 | 00:01:21 | 00:06:16 | 105m | 12'51"/km |
| 3.  | 178 | 00:01:52 | 00:08:08 | 156m | 11'58"/km |
| 4.  | 168 | 00:01:07 | 00:09:15 |      |           |
| 5.  | 179 | 00:02:28 | 00:11:43 | 173m | 14'15"/km |
| 6.  | 113 | 00:03:35 | 00:15:18 | 246m | 14'34"/km |
| 7.  | 123 | 00:05:40 | 00:20:58 | 364m | 15'34"/km |
| 8.  | 122 | 00:03:04 | 00:24:02 | 197m | 15'34"/km |
| 9.  | 150 | 00:06:43 | 00:30:45 | 241m | 27'52"/km |
| 10. | 147 | 00:06:03 | 00:36:48 | 277m | 21'50"/km |
| 11. | 151 | 00:04:24 | 00:41:12 | 331m | 13'18"/km |
| 12. | 154 | 00:04:39 | 00:45:51 | 333m | 13'58"/km |
| 13. | 159 | 00:06:09 | 00:52:00 | 319m | 19'17"/km |
| 14. | 169 | 00:01:15 | 00:53:15 | 161m | 7'46"/km  |
| 15. | 999 | 00:00:41 | 00:53:56 | 104m | 6'34"/km  |

Orienteering Software