



# BOC04 - Ultra-longues Distances

## Rouge-Cloître / 3 Fontaines 10.12.2023

### ASUB

**Jean-Pierre KELLENS**

K.O.L.

Circuit : Rouge

Distance : 5300m

Temps : 1:05:07 (12'17"/km)

**17/46**

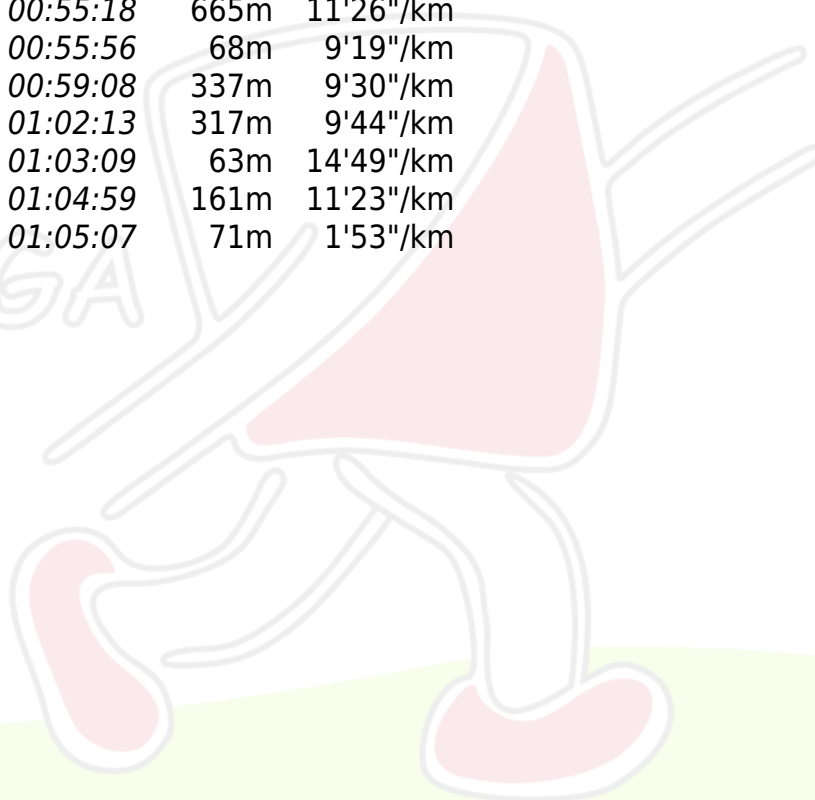
O.K.

[Résultats complets sur Webres](#)

- |                           |         |
|---------------------------|---------|
| 1. Siegfried BAKELANTS    | 0:38:43 |
| 2. Margot VANDEMEULEBROEK | 0:41:29 |
| 3. Nicolas ERNIE          | 0:44:35 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 149 | 00:06:51 |          | 655m | 10'27"/km |
| 2.  | 165 | 00:04:34 | 00:11:25 | 389m | 11'44"/km |
| 3.  | 79  | 00:14:53 | 00:26:18 | 807m | 18'27"/km |
| 4.  | 103 | 00:05:55 | 00:32:13 | 474m | 12'29"/km |
| 5.  | 80  | 00:04:58 | 00:37:11 | 369m | 13'28"/km |
| 6.  | 137 | 00:03:32 | 00:40:43 | 345m | 10'14"/km |
| 7.  | 83  | 00:06:59 | 00:47:42 | 535m | 13'03"/km |
| 8.  | 153 | 00:07:36 | 00:55:18 | 665m | 11'26"/km |
| 9.  | 154 | 00:00:38 | 00:55:56 | 68m  | 9'19"/km  |
| 10. | 145 | 00:03:12 | 00:59:08 | 337m | 9'30"/km  |
| 11. | 158 | 00:03:05 | 01:02:13 | 317m | 9'44"/km  |
| 12. | 159 | 00:00:56 | 01:03:09 | 63m  | 14'49"/km |
| 13. | 78  | 00:01:50 | 01:04:59 | 161m | 11'23"/km |
| 14. | 999 | 00:00:08 | 01:05:07 | 71m  | 1'53"/km  |

HELGA



Orienteering Software