

AOS #12 Borgerhout

Antwerpen 7.12.2023

Antwerp Orienteers

Lise MILBOU

Antwerp Orienteers

Course : D:Lang

Distance : 4730m

Time : 0:33:05 (7'00"/km)

3/6

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Claudia ROOMAN | 0:26:38 |
| 2. Carolien PUNIE | 0:31:53 |

1.	31	00:00:59		152m	6'28"/km
2.	32	00:02:30	00:03:29	338m	7'24"/km
3.	37	00:04:41	00:08:10	479m	9'47"/km
4.	38	00:04:05	00:12:15	465m	8'47"/km
5.	33	00:00:53	00:13:08	131m	6'45"/km
6.	34	00:02:19	00:15:27	44m	52'39"/km
7.	35	00:01:01	00:16:28	83m	12'15"/km
8.	39	00:01:34	00:18:02	192m	8'10"/km
9.	40	00:02:21	00:20:23	303m	7'45"/km
10.	41	00:01:22	00:21:45	127m	10'46"/km
11.	42	00:00:30	00:22:15	76m	6'35"/km
12.	43	00:00:32	00:22:47	71m	7'31"/km
13.	44	00:01:02	00:23:49	110m	9'24"/km
14.	45	00:01:30	00:25:19	161m	9'19"/km
15.	46	00:02:03	00:27:22	101m	20'18"/km
16.	47	00:02:19	00:29:41	225m	10'18"/km
17.	48	00:02:13	00:31:54	259m	8'34"/km
18.	49	00:00:46	00:32:40	96m	7'59"/km
19.	999	00:00:25	00:33:05	90m	4'38"/km

Orienteering Software