



5ª Etapa Cipo - GUARAPUAVA
GUARA 3.12.2023
Clube de Orientação Lobo Bravo

Claudemiro Alves Dos Santos

Clube de Orientação Gralha Azul

Percurso : H Senior A

Distancia : 5600m (Desnivel 145m)

Tempo : 1:18:27 (14'01"/km)

8/14

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Luiz Fabiano Effgen | 1:01:13 |
| 2. Gervásio Augusto Pradella | 1:03:46 |
| 3. Darci Panigáz | 1:07:08 |

1.	314	00:09:05		834m	10'53"/km
2.	72	00:02:27	00:11:32	99m	24'45"/km
3.	76	00:04:09	00:15:41	275m	15'05"/km
4.	78	00:01:39	00:17:20	137m	12'03"/km
5.	40	00:07:11	00:24:31	278m	25'50"/km
6.	42	00:05:08	00:29:39	106m	48'26"/km
7.	41	00:01:50	00:31:29	190m	9'39"/km
8.	46	00:03:17	00:34:46	294m	11'10"/km
9.	44	00:03:30	00:38:16	252m	13'53"/km
10.	45	00:03:18	00:41:34	123m	26'50"/km
11.	48	00:05:09	00:46:43	222m	23'12"/km
12.	49	00:04:19	00:51:02	150m	28'47"/km
13.	82	00:10:16	01:01:18	565m	18'10"/km
14.	326	00:11:23	01:12:41	1174m	9'42"/km
15.	330	00:03:49	01:16:30	460m	8'18"/km
16.	333	00:01:29	01:17:59	203m	7'18"/km
17.	999	00:00:28	01:18:27	249m	1'52"/km

Orienteering Software