



**5ª Etapa Cipo - GUARAPUAVA**  
**GUARA 3.12.2023**  
**Clube de Orientação Lobo Bravo**

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Clube de Orientação Gralha Azul

Percurso : H Senior A

Distancia : 5600m (Desnivel 145m)

Tempo : 1:01:13 (10'56"/km)

**1/14**

O.K.

[Resultados completos em Webres](#)

|                              |         |
|------------------------------|---------|
| 2. Gervásio Augusto Pradella | 1:03:46 |
| 3. Darci Panigáz             | 1:07:08 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 314 | 00:07:09 |          | 834m  | 8'34"/km  |
| 2.  | 72  | 00:01:55 | 00:09:04 | 99m   | 19'22"/km |
| 3.  | 76  | 00:03:44 | 00:12:48 | 275m  | 13'35"/km |
| 4.  | 78  | 00:01:42 | 00:14:30 | 137m  | 12'25"/km |
| 5.  | 40  | 00:04:10 | 00:18:40 | 278m  | 14'59"/km |
| 6.  | 42  | 00:01:48 | 00:20:28 | 106m  | 16'59"/km |
| 7.  | 41  | 00:01:21 | 00:21:49 | 190m  | 7'06"/km  |
| 8.  | 46  | 00:02:40 | 00:24:29 | 294m  | 9'04"/km  |
| 9.  | 44  | 00:05:00 | 00:29:29 | 252m  | 19'50"/km |
| 10. | 45  | 00:01:37 | 00:31:06 | 123m  | 13'09"/km |
| 11. | 48  | 00:03:55 | 00:35:01 | 222m  | 17'39"/km |
| 12. | 49  | 00:01:57 | 00:36:58 | 150m  | 13'00"/km |
| 13. | 82  | 00:06:23 | 00:43:21 | 565m  | 11'18"/km |
| 14. | 326 | 00:12:38 | 00:55:59 | 1174m | 10'46"/km |
| 15. | 330 | 00:03:09 | 00:59:08 | 460m  | 6'51"/km  |
| 16. | 333 | 00:01:33 | 01:00:41 | 203m  | 7'38"/km  |
| 17. | 999 | 00:00:32 | 01:01:13 | 249m  | 2'09"/km  |

Orienteering Software