



**5ª Etapa Cipo - GUARAPUAVA**  
**GUARA 3.12.2023**  
**Clube de Orientação Lobo Bravo**

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Clube de Orientação de Curitiba

Percurso : D Adulto A

Distancia : 4200m (Desnivel 135m)

Tempo : 1:23:37 (19'55"/km)

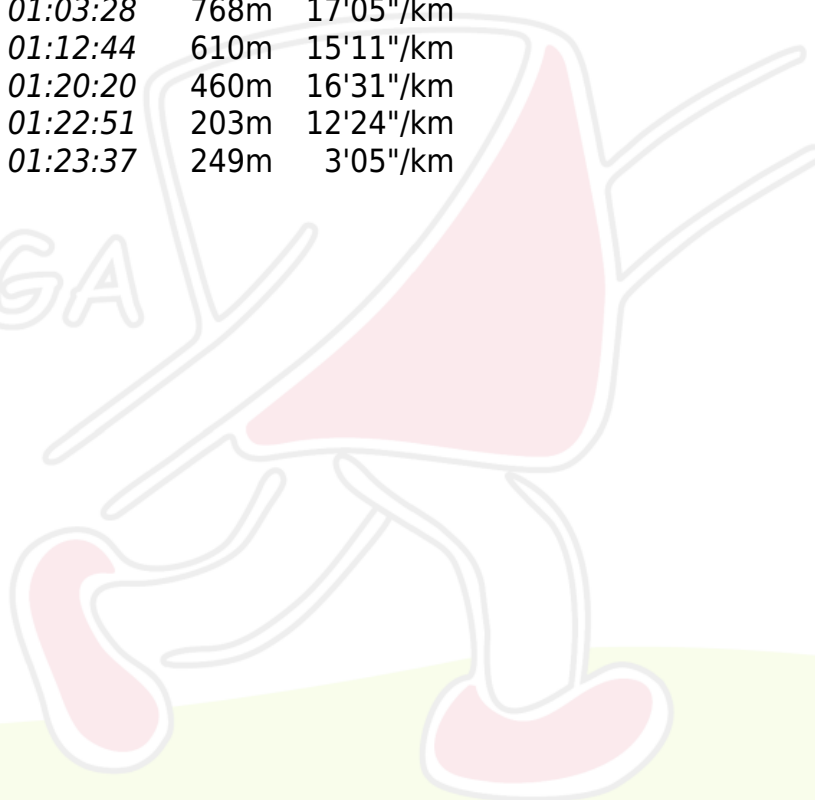
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O.K.

[Resultados completos em Webres](#)

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 35  | 00:04:24 |          | 214m | 20'34"/km |
| 2.  | 75  | 00:19:28 | 00:23:52 | 740m | 26'18"/km |
| 3.  | 76  | 00:04:27 | 00:28:19 | 150m | 29'40"/km |
| 4.  | 41  | 00:10:17 | 00:38:36 | 482m | 21'20"/km |
| 5.  | 42  | 00:04:15 | 00:42:51 | 190m | 22'22"/km |
| 6.  | 40  | 00:04:28 | 00:47:19 | 106m | 42'08"/km |
| 7.  | 82  | 00:03:02 | 00:50:21 | 99m  | 30'38"/km |
| 8.  | 321 | 00:13:07 | 01:03:28 | 768m | 17'05"/km |
| 9.  | 326 | 00:09:16 | 01:12:44 | 610m | 15'11"/km |
| 10. | 330 | 00:07:36 | 01:20:20 | 460m | 16'31"/km |
| 11. | 333 | 00:02:31 | 01:22:51 | 203m | 12'24"/km |
| 12. | 999 | 00:00:46 | 01:23:37 | 249m | 3'05"/km  |

HELGA



Orienteering Software