



5ª Etapa Cipo - GUARAPUAVA
GUARA 3.12.2023
Clube de Orientação Lobo Bravo

Mariana Wonhnrath Boldrin

Clube de Orientação Princesa dos Campos

Percurso : D Adulto E

Distancia : 7000m (Desnivel 180m)

Tempo : 1:27:46 (12'32"/km)

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O.K.

[Resultados completos em Webres](#)

1. Edineia Roniak Dos Santos	1:04:41
3. Evelyn Sereneski Merenda	1:38:07

1.	314	00:08:38		834m	10'21"/km
2.	74	00:03:53	00:12:31	347m	11'11"/km
3.	77	00:03:50	00:16:21	143m	26'48"/km
4.	42	00:05:34	00:21:55	389m	14'19"/km
5.	41	00:02:04	00:23:59	190m	10'53"/km
6.	46	00:02:52	00:26:51	294m	9'45"/km
7.	44	00:02:50	00:29:41	252m	11'15"/km
8.	45	00:02:11	00:31:52	123m	17'45"/km
9.	47	00:06:46	00:38:38	367m	18'26"/km
10.	81	00:04:16	00:42:54	448m	9'31"/km
11.	80	00:01:49	00:44:43	80m	22'42"/km
12.	48	00:03:19	00:48:02	188m	17'39"/km
13.	49	00:02:54	00:50:56	150m	19'20"/km
14.	38	00:03:43	00:54:39	364m	10'13"/km
15.	37	00:01:58	00:56:37	199m	9'53"/km
16.	82	00:06:41	01:03:18	566m	11'48"/km
17.	77	00:05:47	01:09:05	352m	16'26"/km
18.	76	00:02:36	01:11:41		
19.	326	00:10:09	01:21:50	809m	12'33"/km
20.	330	00:03:52	01:25:42	460m	8'24"/km
21.	333	00:01:32	01:27:14	203m	7'33"/km
22.	999	00:00:32	01:27:46	249m	2'09"/km

Orienteering Software