



Training Volmersberg

Trimpfad St.Vith 26.11.2023

O.L.G. St. Vith ARDOC

Nicole GOENEN - ARENS

O.L.G. St. Vith ARDOC

Strecke : Kurz schwer

Länge : 3700m (Steigung 130m)

Zeit : 1:09:42 (18'50"/km)

4/4

O.K.

[Vollständige Ergebnisse auf Webres](#)

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|--------------------|---------|
| 1. Noah BACKES | 0:36:31 |
| 2. Werner HOFFMANN | 0:49:35 |
| 3. Bernard VENDRIX | 1:08:59 |

1.	101	00:06:31		268m	24'19"/km
2.	102	00:03:14	00:09:45	187m	17'17"/km
3.	103	00:04:56	00:14:41	219m	22'32"/km
4.	106	00:04:30	00:19:11	260m	17'18"/km
5.	107	00:02:27	00:21:38	182m	13'28"/km
6.	108	00:01:15	00:22:53	76m	16'27"/km
7.	109	00:02:29	00:25:22	224m	11'05"/km
8.	110	00:02:16	00:27:38	105m	21'35"/km
9.	111	00:04:02	00:31:40	259m	15'34"/km
10.	115	00:01:41	00:33:21	107m	15'44"/km
11.	116	00:07:38	00:40:59	484m	15'46"/km
12.	117	00:09:14	00:50:13	293m	31'31"/km
13.	118	00:01:12	00:51:25	77m	15'35"/km
14.	225	00:02:32	00:53:57	123m	20'36"/km
15.	226	00:05:11	00:59:08	342m	15'09"/km
16.	227	00:04:15	01:03:23	244m	17'25"/km
17.	228	00:04:27	01:07:50	182m	24'27"/km
18.	120	00:01:52	01:09:42	98m	19'03"/km

Orienteering Software