



Training Volmersberg

Trimpfad St.Vith 26.11.2023

O.L.G. St. Vith ARDOC

Werner HOFFMANN

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Strecke : Kurz schwer

Länge : 3700m (Steigung 130m)

Zeit : 0:49:35 (13'24"/km)

2/4

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Noah BACKES	0:36:31
3. Bernard VENDRIX	1:08:59

1.	101	00:02:52		268m	10'42"/km
2.	102	00:02:07	00:04:59	187m	11'19"/km
3.	103	00:03:30	00:08:29	219m	15'59"/km
4.	106	00:02:53	00:11:22	260m	11'05"/km
5.	107	00:02:00	00:13:22	182m	10'59"/km
6.	108	00:01:01	00:14:23	76m	13'23"/km
7.	109	00:01:43	00:16:06	224m	7'40"/km
8.	110	00:01:57	00:18:03	105m	18'34"/km
9.	111	00:03:11	00:21:14	259m	12'17"/km
10.	115	00:01:30	00:22:44	107m	14'01"/km
11.	116	00:04:17	00:27:01	484m	8'51"/km
12.	117	00:04:46	00:31:47	293m	16'16"/km
13.	118	00:00:49	00:32:36	77m	10'36"/km
14.	225	00:01:45	00:34:21	123m	14'14"/km
15.	226	00:03:50	00:38:11	342m	11'13"/km
16.	227	00:07:40	00:45:51	244m	31'25"/km
17.	228	00:02:41	00:48:32	182m	14'45"/km
18.	120	00:01:03	00:49:35	98m	10'43"/km

Orienteering Software