



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Adriaan BURGMANS

K.O.L.

Omloop : LD

Afstand : 7280m

Tijd : 1:31:05 (12'31"/km)

14/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Gérald SOUWEINE | 1:04:00 |
| 2. Thijs VAN HAM | 1:04:13 |
| 3. Wannes VAN HAM | 1:05:46 |

1.	106	00:04:01		467m	8'36"/km
2.	108	00:03:19	00:07:20	234m	14'10"/km
3.	131	00:02:41	00:10:01	170m	15'47"/km
4.	130	00:00:55	00:10:56	94m	9'45"/km
5.	158	00:09:50	00:20:46	981m	10'01"/km
6.	157	00:03:38	00:24:24	347m	10'28"/km
7.	167	00:04:24	00:28:48	304m	14'28"/km
8.	172	00:06:44	00:35:32	522m	12'54"/km
9.	165	00:04:06	00:39:38	312m	13'08"/km
10.	151	00:05:43	00:45:21	108m	52'56"/km
11.	173	00:04:41	00:50:02	413m	11'20"/km
12.	177	00:03:30	00:53:32	370m	9'28"/km
13.	179	00:03:32	00:57:04	407m	8'41"/km
14.	116	00:02:21	00:59:25	236m	9'57"/km
15.	136	00:04:01	01:03:26	341m	11'47"/km
16.	141	00:02:49	01:06:15	212m	13'17"/km
17.	139	00:01:48	01:08:03	140m	12'51"/km
18.	105	00:05:40	01:13:43	483m	11'44"/km
19.	120	00:05:09	01:18:52	327m	15'45"/km
20.	112	00:02:23	01:21:15	182m	13'06"/km
21.	114	00:06:41	01:27:56	217m	30'48"/km
22.	200	00:02:28	01:30:24	284m	8'41"/km
23.	999	00:00:41	01:31:05	130m	5'15"/km

Orienteering Software