



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Pim VAN DER WIJK

Antwerp Orienteers

Omloop : LD

Afstand : 7280m

Tijd : 1:20:50 (11'06"/km)

8/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Gérald SOUWEINE | 1:04:00 |
| 2. Thijs VAN HAM | 1:04:13 |
| 3. Wannes VAN HAM | 1:05:46 |

1.	106	00:04:49		467m	10'19"/km
2.	108	00:02:25	00:07:14	234m	10'20"/km
3.	131	00:01:45	00:08:59	170m	10'18"/km
4.	130	00:00:55	00:09:54	94m	9'45"/km
5.	158	00:09:41	00:19:35	981m	9'52"/km
6.	157	00:03:59	00:23:34	347m	11'29"/km
7.	167	00:03:29	00:27:03	304m	11'28"/km
8.	172	00:04:58	00:32:01	522m	9'31"/km
9.	165	00:03:35	00:35:36	312m	11'29"/km
10.	151	00:01:13	00:36:49	108m	11'16"/km
11.	173	00:04:09	00:40:58	413m	10'03"/km
12.	177	00:03:52	00:44:50	370m	10'27"/km
13.	179	00:03:37	00:48:27	407m	8'53"/km
14.	116	00:02:15	00:50:42	236m	9'32"/km
15.	136	00:03:46	00:54:28	341m	11'03"/km
16.	141	00:02:12	00:56:40	212m	10'23"/km
17.	139	00:01:29	00:58:09	140m	10'36"/km
18.	105	00:07:59	01:06:08	483m	16'32"/km
19.	120	00:04:28	01:10:36	327m	13'40"/km
20.	112	00:02:19	01:12:55	182m	12'44"/km
21.	114	00:04:55	01:17:50	217m	22'39"/km
22.	200	00:02:14	01:20:04	284m	7'52"/km
23.	999	00:00:46	01:20:50	130m	5'54"/km

Orienteering Software