



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Patrick WALLAERT

Omega

Omloop : H65

Afstand : 5190m

Tijd : 0:46:46 (9'01"/km)

2/20

O.K.

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- | | |
|----------------|---------|
| 1. Wim HOEKX | 0:46:14 |
| 3. Andre AERTS | 0:54:40 |

1.	117	00:02:55		391m	7'28"/km
2.	122	00:01:34	00:04:29	203m	7'43"/km
3.	106	00:01:22	00:05:51	139m	9'50"/km
4.	108	00:02:19	00:08:10	234m	9'54"/km
5.	138	00:06:15	00:14:25	472m	13'14"/km
6.	149	00:04:09	00:18:34	452m	9'11"/km
7.	148	00:01:07	00:19:41	121m	9'14"/km
8.	143	00:03:08	00:22:49	341m	9'11"/km
9.	162	00:04:02	00:26:51	457m	8'50"/km
10.	164	00:02:37	00:29:28	248m	10'33"/km
11.	172	00:01:39	00:31:07	172m	9'36"/km
12.	174	00:03:11	00:34:18	340m	9'22"/km
13.	145	00:03:11	00:37:29	459m	6'56"/km
14.	136	00:01:24	00:38:53	180m	7'47"/km
15.	179	00:03:17	00:42:10	400m	8'12"/km
16.	114	00:01:50	00:44:00	173m	10'36"/km
17.	200	00:02:09	00:46:09	284m	7'34"/km
18.	999	00:00:37	00:46:46	130m	4'45"/km

Orienteering Software