



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Johan DESMIDT

Omega

Omloop : H55

Afstand : 6460m

Tijd : 1:17:42 (12'02"/km)

10/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Dirk GOOSSENS | 0:46:09 |
| 2. Noël NIJSTEN | 0:50:43 |
| 3. Bart MELLEBECK | 0:50:48 |

1.	119	00:02:42		335m	8'04"/km
2.	104	00:02:45	00:05:27	196m	14'02"/km
3.	133	00:03:42	00:09:09	243m	15'14"/km
4.	138	00:03:28	00:12:37	263m	13'11"/km
5.	137	00:02:14	00:14:51	191m	11'42"/km
6.	153	00:07:19	00:22:10	583m	12'33"/km
7.	155	00:01:31	00:23:41	133m	11'24"/km
8.	143	00:04:37	00:28:18	363m	12'43"/km
9.	142	00:02:26	00:30:44	128m	19'01"/km
10.	148	00:03:17	00:34:01	238m	13'48"/km
11.	166	00:09:12	00:43:13	793m	11'36"/km
12.	171	00:07:50	00:51:03	712m	11'00"/km
13.	172	00:01:32	00:52:35	113m	13'34"/km
14.	174	00:03:42	00:56:17	340m	10'53"/km
15.	173	00:02:51	00:59:08	272m	10'29"/km
16.	176	00:02:10	01:01:18	229m	9'28"/km
17.	178	00:03:05	01:04:23	238m	12'57"/km
18.	179	00:05:17	01:09:40	407m	12'59"/km
19.	112	00:02:59	01:12:39	185m	16'08"/km
20.	127	00:02:59	01:15:38	229m	13'02"/km
21.	200	00:01:23	01:17:01	139m	9'57"/km
22.	999	00:00:41	01:17:42	130m	5'15"/km

Orienteering Software