



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Rudi AERTS

Omega

Omloop : H55

Afstand : 6460m

Tijd : 1:03:39 (9'51"/km)

8/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Dirk GOOSSENS | 0:46:09 |
| 2. Noël NIJSTEN | 0:50:43 |
| 3. Bart MELLEBECK | 0:50:48 |

1.	119	00:02:07		335m	6'19"/km
2.	104	00:01:52	00:03:59	196m	9'31"/km
3.	133	00:02:02	00:06:01	243m	8'22"/km
4.	138	00:02:26	00:08:27	263m	9'15"/km
5.	137	00:04:17	00:12:44	191m	22'26"/km
6.	153	00:07:08	00:19:52	583m	12'14"/km
7.	155	00:01:22	00:21:14	133m	10'17"/km
8.	143	00:03:10	00:24:24	363m	8'43"/km
9.	142	00:01:15	00:25:39	128m	9'46"/km
10.	148	00:01:49	00:27:28	238m	7'38"/km
11.	166	00:06:20	00:33:48	793m	7'59"/km
12.	171	00:06:27	00:40:15	712m	9'04"/km
13.	172	00:01:19	00:41:34	113m	11'39"/km
14.	174	00:03:04	00:44:38	340m	9'01"/km
15.	173	00:04:49	00:49:27	272m	17'42"/km
16.	176	00:02:08	00:51:35	229m	9'19"/km
17.	178	00:02:12	00:53:47	238m	9'15"/km
18.	179	00:03:29	00:57:16	407m	8'34"/km
19.	112	00:02:02	00:59:18	185m	10'59"/km
20.	127	00:02:23	01:01:41	229m	10'24"/km
21.	200	00:01:16	01:02:57	139m	9'07"/km
22.	999	00:00:42	01:03:39	130m	5'23"/km

Orienteering Software