



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Serge BAERT

OLV Eifel

Omloop : H55

Afstand : 6460m

Tijd : 0:52:48 (8'10"/km)

4/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Dirk GOOSSENS | 0:46:09 |
| 2. Noël NIJSTEN | 0:50:43 |
| 3. Bart MELLEBECK | 0:50:48 |

1.	119	00:02:23		335m	7'07"/km
2.	104	00:02:21	00:04:44	196m	11'59"/km
3.	133	00:02:21	00:07:05	243m	9'40"/km
4.	138	00:02:42	00:09:47	263m	10'16"/km
5.	136	00:02:05	00:11:52		
6.	137	00:00:54	00:12:46		
7.	153	00:05:08	00:17:54	583m	8'48"/km
8.	155	00:01:11	00:19:05	133m	8'54"/km
9.	143	00:02:30	00:21:35	363m	6'53"/km
10.	142	00:01:22	00:22:57	128m	10'41"/km
11.	148	00:01:20	00:24:17	238m	5'36"/km
12.	166	00:06:15	00:30:32	793m	7'53"/km
13.	171	00:05:03	00:35:35	712m	7'06"/km
14.	172	00:01:22	00:36:57	113m	12'06"/km
15.	174	00:02:20	00:39:17	340m	6'52"/km
16.	173	00:02:27	00:41:44	272m	9'00"/km
17.	176	00:01:37	00:43:21	229m	7'04"/km
18.	178	00:01:45	00:45:06	238m	7'21"/km
19.	179	00:02:45	00:47:51	407m	6'45"/km
20.	112	00:01:40	00:49:31	185m	9'01"/km
21.	127	00:01:48	00:51:19	229m	7'52"/km
22.	200	00:00:56	00:52:15	139m	6'43"/km
23.	999	00:00:33	00:52:48	130m	4'14"/km

Orienteering Software