



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Peter COKELAERE

Omega

Omloop : H45

Afstand : 7530m

Tijd : 1:10:27 (9'21"/km)

5/10

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Kim JANSEN | 0:53:58 |
| 2. Bob SCHILDERMANS | 0:55:42 |
| 3. Roel SMOLDERS | 1:00:29 |

1.	102	00:02:07		287m	7'23"/km
2.	106	00:03:04	00:05:11	304m	10'05"/km
3.	124	00:03:19	00:08:30	108m	30'43"/km
4.	139	00:05:06	00:13:36	568m	8'59"/km
5.	148	00:03:55	00:17:31	351m	11'10"/km
6.	160	00:03:03	00:20:34	239m	12'46"/km
7.	158	00:02:57	00:23:31	255m	11'34"/km
8.	166	00:02:21	00:25:52	324m	7'15"/km
9.	167	00:02:21	00:28:13	328m	7'10"/km
10.	172	00:04:25	00:32:38	522m	8'28"/km
11.	174	00:03:30	00:36:08	340m	10'18"/km
12.	173	00:04:13	00:40:21	272m	15'30"/km
13.	177	00:02:51	00:43:12	370m	7'42"/km
14.	145	00:02:34	00:45:46	444m	5'47"/km
15.	164	00:05:27	00:51:13	623m	8'45"/km
16.	155	00:03:04	00:54:17	335m	9'09"/km
17.	142	00:04:11	00:58:28	477m	8'46"/km
18.	136	00:03:31	01:01:59	395m	8'54"/km
19.	179	00:03:32	01:05:31	400m	8'50"/km
20.	113	00:01:54	01:07:25	132m	14'24"/km
21.	126	00:01:40	01:09:05	206m	8'05"/km
22.	200	00:00:53	01:09:58	127m	6'57"/km
23.	999	00:00:29	01:10:27	130m	3'43"/km

Orienteering Software