



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Jean-Claude JIMENEZ

hamok

Omloop : H21

Afstand : 9410m

Tijd : 1:29:28 (9'30"/km)

15/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Warre DE CUYPER | 0:53:08 |
| 2. Desmond FRANSSEN | 0:53:18 |
| 3. Jeroen HOEKX | 0:54:08 |

1.	120	00:03:11		253m	12'35"/km
2.	124	00:03:44	00:06:55	401m	9'19"/km
3.	130	00:03:06	00:10:01	319m	9'43"/km
4.	140	00:03:27	00:13:28	387m	8'55"/km
5.	142	00:01:35	00:15:03	159m	9'57"/km
6.	148	00:03:26	00:18:29	238m	14'26"/km
7.	160	00:02:21	00:20:50	239m	9'50"/km
8.	158	00:02:49	00:23:39	255m	11'03"/km
9.	170	00:02:39	00:26:18	330m	8'02"/km
10.	156	00:04:01	00:30:19	416m	9'39"/km
11.	168	00:03:30	00:33:49	308m	11'22"/km
12.	169	00:00:59	00:34:48	89m	11'03"/km
13.	171	00:05:00	00:39:48	517m	9'40"/km
14.	164	00:01:56	00:41:44	187m	10'20"/km
15.	163	00:01:29	00:43:13	165m	8'59"/km
16.	138	00:08:00	00:51:13	919m	8'42"/km
17.	178	00:08:10	00:59:23	793m	10'18"/km
18.	173	00:04:11	01:03:34	414m	10'06"/km
19.	155	00:08:35	01:12:09	763m	11'15"/km
20.	154	00:01:46	01:13:55	230m	7'41"/km
21.	161	00:01:19	01:15:14	165m	7'59"/km
22.	175	00:04:58	01:20:12	638m	7'47"/km
23.	179	00:04:20	01:24:32	612m	7'05"/km
24.	112	00:02:17	01:26:49	185m	12'21"/km
25.	200	00:02:05	01:28:54	292m	7'08"/km
26.	999	00:00:34	01:29:28	130m	4'22"/km

Orienteering Software