



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Amber THYS

hamok

Omloop : D45

Afstand : 6460m

Tijd : 0:56:19 (8'43"/km)

1/3

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 2. Nancy WENDERICKX | 1:03:29 |
| 3. Annelies GEBOERS | 1:17:03 |

1.	119	00:02:04		335m	6'10"/km
2.	104	00:01:42	00:03:46	196m	8'40"/km
3.	133	00:02:20	00:06:06	243m	9'36"/km
4.	138	00:02:13	00:08:19	263m	8'26"/km
5.	137	00:02:05	00:10:24	191m	10'54"/km
6.	153	00:04:03	00:14:27	583m	6'57"/km
7.	155	00:01:09	00:15:36	133m	8'39"/km
8.	143	00:04:20	00:19:56	363m	11'56"/km
9.	142	00:01:06	00:21:02	128m	8'36"/km
10.	148	00:01:29	00:22:31	238m	6'14"/km
11.	166	00:06:21	00:28:52	793m	8'00"/km
12.	171	00:05:45	00:34:37	712m	8'05"/km
13.	172	00:01:20	00:35:57	113m	11'48"/km
14.	174	00:02:48	00:38:45	340m	8'14"/km
15.	173	00:02:23	00:41:08	272m	8'46"/km
16.	176	00:01:59	00:43:07	229m	8'40"/km
17.	178	00:02:05	00:45:12	238m	8'45"/km
18.	179	00:02:51	00:48:03	407m	7'00"/km
19.	112	00:03:33	00:51:36	185m	19'11"/km
20.	127	00:02:55	00:54:31	229m	12'44"/km
21.	200	00:01:13	00:55:44	139m	8'45"/km
22.	999	00:00:35	00:56:19	130m	4'29"/km

Orienteering Software