



BOC #2 - Double Sprint - Sprint 1

Les Trois Tilleuls 12.11.2023

ASUB

Philippe DELANDMETER

ASUB

Circuit : H:Noir Long

Distance : 4000m

Temps : 0:47:33 (11'53"/km)

42/44

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:21:28 |
| 2. Warre DE CUYPER | 0:23:24 |
| 3. Jorn KENNIS | 0:24:14 |

1.	131	00:01:27		116m	12'30"/km
2.	132	00:00:53	00:02:20	41m	21'33"/km
3.	133	00:00:44	00:03:04	70m	10'29"/km
4.	134	00:00:34	00:03:38	67m	8'27"/km
5.	135	00:01:23	00:05:01	223m	6'12"/km
6.	136	00:02:22	00:07:23	196m	12'04"/km
7.	137	00:02:09	00:09:32	93m	23'07"/km
8.	138	00:01:06	00:10:38	123m	8'57"/km
9.	139	00:01:53	00:12:31	110m	17'07"/km
10.	140	00:01:29	00:14:00	63m	23'33"/km
11.	141	00:01:26	00:15:26	99m	14'29"/km
12.	142	00:01:55	00:17:21	227m	8'27"/km
13.	143	00:01:42	00:19:03	160m	10'38"/km
14.	144	00:01:00	00:20:03	130m	7'42"/km
15.	145	00:00:44	00:20:47	114m	6'26"/km
16.	146	00:01:22	00:22:09	154m	8'52"/km
17.	147	00:01:30	00:23:39	155m	9'41"/km
18.	148	00:01:41	00:25:20	97m	17'21"/km
19.	149	00:03:17	00:28:37	251m	13'05"/km
20.	150	00:02:06	00:30:43	150m	14'00"/km
21.	151	00:01:53	00:32:36	155m	12'09"/km
22.	152	00:04:04	00:36:40	139m	29'15"/km
23.	153	00:01:27	00:38:07	155m	9'21"/km
24.	154	00:00:38	00:38:45	76m	8'20"/km
25.	155	00:00:58	00:39:43	81m	11'56"/km
26.	156	00:01:19	00:41:02	84m	15'40"/km
27.	157	00:01:08	00:42:10	124m	9'08"/km
28.	158	00:00:53	00:43:03	84m	10'31"/km
29.	159	00:02:32	00:45:35	250m	10'08"/km
30.	160	00:01:29	00:47:04	134m	11'04"/km
31.	999	00:00:29	00:47:33	75m	6'27"/km