



BOC #2 - Double Sprint - Sprint 1

Les Trois Tilleuls 12.11.2023

ASUB

Christophe AMERIJCKX

ASUB

Circuit : H:Noir Long

Distance : 4000m

Temps : 0:30:05 (7'31"/km)

12/44

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:21:28 |
| 2. Warre DE CUYPER | 0:23:24 |
| 3. Jorn KENNIS | 0:24:14 |

1.	131	00:01:02		116m	8'54"/km
2.	132	00:00:39	00:01:41	41m	15'51"/km
3.	133	00:00:31	00:02:12	70m	7'23"/km
4.	134	00:00:25	00:02:37	67m	6'13"/km
5.	135	00:01:23	00:04:00	223m	6'12"/km
6.	136	00:01:38	00:05:38	196m	8'20"/km
7.	137	00:00:49	00:06:27	93m	8'47"/km
8.	138	00:00:53	00:07:20	123m	7'11"/km
9.	139	00:00:52	00:08:12	110m	7'53"/km
10.	140	00:00:36	00:08:48	63m	9'31"/km
11.	141	00:00:59	00:09:47	99m	9'56"/km
12.	142	00:01:17	00:11:04	227m	5'39"/km
13.	143	00:01:11	00:12:15	160m	7'24"/km
14.	144	00:00:43	00:12:58	130m	5'31"/km
15.	145	00:00:37	00:13:35	114m	5'25"/km
16.	146	00:00:57	00:14:32	154m	6'10"/km
17.	147	00:00:55	00:15:27	155m	5'55"/km
18.	148	00:01:03	00:16:30	97m	10'49"/km
19.	149	00:02:06	00:18:36	251m	8'22"/km
20.	150	00:01:23	00:19:59	150m	9'13"/km
21.	151	00:01:18	00:21:17	155m	8'23"/km
22.	152	00:00:59	00:22:16	139m	7'04"/km
23.	153	00:01:05	00:23:21	155m	6'59"/km
24.	154	00:00:23	00:23:44	76m	5'03"/km
25.	155	00:00:41	00:24:25	81m	8'26"/km
26.	156	00:00:56	00:25:21	84m	11'07"/km
27.	157	00:01:01	00:26:22	124m	8'12"/km
28.	158	00:00:41	00:27:03	84m	8'08"/km
29.	159	00:01:37	00:28:40	250m	6'28"/km
30.	160	00:01:05	00:29:45	134m	8'05"/km
31.	999	00:00:20	00:30:05	75m	4'27"/km