



BOC #2 - Double Sprint - Sprint 1

Les Trois Tilleuls 12.11.2023

ASUB

Frederik LOECKX

Omega

Circuit : H:Noir Long

Distance : 4000m

Temps : 0:29:51 (7'28"/km)

11/44

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Yannick MICHIELS | 0:21:28 |
| 2. Warre DE CUYPER | 0:23:24 |
| 3. Jorn KENNIS | 0:24:14 |

1.	131	00:00:45		116m	6'28"/km
2.	132	00:00:38	00:01:23	41m	15'27"/km
3.	133	00:00:26	00:01:49	70m	6'11"/km
4.	134	00:00:25	00:02:14	67m	6'13"/km
5.	135	00:00:59	00:03:13	223m	4'25"/km
6.	136	00:01:34	00:04:47	196m	8'00"/km
7.	137	00:00:45	00:05:32	93m	8'04"/km
8.	138	00:00:42	00:06:14	123m	5'41"/km
9.	139	00:00:48	00:07:02	110m	7'16"/km
10.	140	00:00:47	00:07:49	63m	12'26"/km
11.	141	00:00:49	00:08:38	99m	8'15"/km
12.	142	00:02:39	00:11:17	227m	11'40"/km
13.	143	00:01:02	00:12:19	160m	6'28"/km
14.	144	00:00:37	00:12:56	130m	4'45"/km
15.	145	00:00:31	00:13:27	114m	4'32"/km
16.	146	00:00:52	00:14:19	154m	5'38"/km
17.	147	00:01:00	00:15:19	155m	6'27"/km
18.	148	00:01:39	00:16:58	97m	17'01"/km
19.	149	00:02:00	00:18:58	251m	7'58"/km
20.	150	00:01:23	00:20:21	150m	9'13"/km
21.	151	00:01:08	00:21:29	155m	7'19"/km
22.	152	00:00:53	00:22:22	139m	6'21"/km
23.	153	00:00:57	00:23:19	155m	6'08"/km
24.	154	00:00:23	00:23:42	76m	5'03"/km
25.	155	00:00:33	00:24:15	81m	6'47"/km
26.	156	00:00:57	00:25:12	84m	11'19"/km
27.	157	00:00:49	00:26:01	124m	6'35"/km
28.	158	00:00:46	00:26:47	84m	9'08"/km
29.	159	00:01:57	00:28:44	250m	7'48"/km
30.	160	00:00:49	00:29:33	134m	6'06"/km
31.	999	00:00:18	00:29:51	75m	4'00"/km