



BOC #2 - Double Sprint - Sprint 2

Les Trois Tilleuls 12.11.2023

ASUB

Jean-Claude JIMENEZ

hamok

Circuit : H:Noir Long

Distance : 4000m

Temps : 0:45:27 (11'22"/km)

38/46

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:25:48 |
| 2. Warre DE CUYPER | 0:27:17 |
| 3. Jorn KENNIS | 0:29:08 |

1.	101	00:01:52		240m	7'47"/km
2.	102	00:03:17	00:05:09	43m	76'21"/km
3.	103	00:01:00	00:06:09	78m	12'49"/km
4.	104	00:02:07	00:08:16	188m	11'16"/km
5.	105	00:01:06	00:09:22	94m	11'42"/km
6.	106	00:01:53	00:11:15	172m	10'57"/km
7.	107	00:01:34	00:12:49	206m	7'36"/km
8.	108	00:01:14	00:14:03	76m	16'14"/km
9.	109	00:01:45	00:15:48	143m	12'14"/km
10.	111	00:02:47	00:18:35		
11.	112	00:01:08	00:19:43	86m	13'11"/km
12.	113	00:01:01	00:20:44	80m	12'42"/km
13.	114	00:00:59	00:21:43	88m	11'10"/km
14.	115	00:00:41	00:22:24	75m	9'07"/km
15.	116	00:01:41	00:24:05	169m	9'58"/km
16.	117	00:00:48	00:24:53	95m	8'25"/km
17.	118	00:01:51	00:26:44	125m	14'48"/km
18.	119	00:01:28	00:28:12	146m	10'03"/km
19.	120	00:01:16	00:29:28	163m	7'46"/km
20.	121	00:01:24	00:30:52	135m	10'22"/km
21.	122	00:00:38	00:31:30	65m	9'45"/km
22.	123	00:01:20	00:32:50	163m	8'11"/km
23.	124	00:01:26	00:34:16	73m	19'38"/km
24.	125	00:01:46	00:36:02	205m	8'37"/km
25.	126	00:03:49	00:39:51	339m	11'16"/km
26.	127	00:01:29	00:41:20	88m	16'51"/km
27.	128	00:01:47	00:43:07	144m	12'23"/km
28.	129	00:01:15	00:44:22	142m	8'48"/km
29.	130	00:00:36	00:44:58	62m	9'41"/km
30.	999	00:00:29	00:45:27	71m	6'48"/km