



BOC #2 - Double Sprint - Sprint 2

Les Trois Tilleuls 12.11.2023

ASUB

Thomas GOUBAU

Indiv.

Circuit : H:Noir Long

Distance : 4000m

Temps : 0:31:21 (7'50"/km)

7/46

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Yannick MICHIELS | 0:25:48 |
| 2. Warre DE CUYPER | 0:27:17 |
| 3. Jorn KENNIS | 0:29:08 |

1.	101	00:01:26		240m	5'58"/km
2.	102	00:01:11	00:02:37	43m	27'31"/km
3.	103	00:00:54	00:03:31	78m	11'32"/km
4.	104	00:01:24	00:04:55	188m	7'27"/km
5.	105	00:00:48	00:05:43	94m	8'31"/km
6.	106	00:01:24	00:07:07	172m	8'08"/km
7.	107	00:01:06	00:08:13	206m	5'20"/km
8.	108	00:00:37	00:08:50	76m	8'07"/km
9.	109	00:01:20	00:10:10	143m	9'19"/km
10.	111	00:02:54	00:13:04		
11.	112	00:00:46	00:13:50	86m	8'55"/km
12.	113	00:00:49	00:14:39	80m	10'12"/km
13.	114	00:00:48	00:15:27	88m	9'05"/km
14.	115	00:00:30	00:15:57	75m	6'40"/km
15.	116	00:01:10	00:17:07	169m	6'54"/km
16.	117	00:00:31	00:17:38	95m	5'26"/km
17.	118	00:00:53	00:18:31	125m	7'04"/km
18.	119	00:00:54	00:19:25	146m	6'10"/km
19.	120	00:01:00	00:20:25	163m	6'08"/km
20.	121	00:00:47	00:21:12	135m	5'48"/km
21.	122	00:00:23	00:21:35	65m	5'54"/km
22.	123	00:00:58	00:22:33	163m	5'56"/km
23.	124	00:00:44	00:23:17	73m	10'03"/km
24.	125	00:01:11	00:24:28	205m	5'46"/km
25.	126	00:02:46	00:27:14	339m	8'10"/km
26.	127	00:00:59	00:28:13	88m	11'10"/km
27.	128	00:01:43	00:29:56	144m	11'55"/km
28.	129	00:00:43	00:30:39	142m	5'03"/km
29.	130	00:00:22	00:31:01	62m	5'55"/km
30.	999	00:00:20	00:31:21	71m	4'42"/km