



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Pierre-Michel DURIEUX

Altair Orientation

Circuit : H:Noir Moyen

Distance : 4740m (Dénivelé 180m)

Temps : 1:17:20 (16'19"/km)

17/35

O.K.

[Résultats complets sur Webres](#)

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|---------------------------|---------|
| 1. Tim STEDMAN | 0:52:32 |
| 2. André PIERLOT | 0:52:44 |
| 3. Jorran VAN DER HEIJDEN | 0:57:21 |

1.	183	00:04:28		311m	14'22"/km
2.	68	00:05:45	00:10:13	290m	19'50"/km
3.	169	00:06:02	00:16:15	374m	16'08"/km
4.	187	00:02:05	00:18:20	121m	17'13"/km
5.	72	00:04:10	00:22:30	261m	15'58"/km
6.	189	00:04:11	00:26:41	273m	15'19"/km
7.	190	00:04:12	00:30:53	215m	19'32"/km
8.	191	00:07:53	00:38:46	579m	13'37"/km
9.	176	00:07:59	00:46:45	260m	30'42"/km
10.	192	00:04:32	00:51:17	309m	14'40"/km
11.	193	00:01:45	00:53:02	83m	21'05"/km
12.	194	00:04:29	00:57:31	232m	19'19"/km
13.	175	00:05:06	01:02:37	401m	12'43"/km
14.	171	00:05:00	01:07:37	283m	17'40"/km
15.	65	00:04:09	01:11:46	274m	15'09"/km
16.	66	00:02:51	01:14:37	157m	18'09"/km
17.	255	00:01:59	01:16:36	167m	11'53"/km
18.	999	00:00:44	01:17:20	109m	6'44"/km

Orienteering Software