



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altaïr Orientation

Simon BASTIN

Indiv.

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 1:52:10 (19'30"/km)

55/63

O.K.

[Résultats complets sur Webres](#)

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| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:08:44		410m	21'18"/km
2.	190	00:02:23	00:11:07	143m	16'40"/km
3.	66	00:02:48	00:13:55	104m	26'55"/km
4.	67	00:05:28	00:19:23	179m	30'32"/km
5.	68	00:04:14	00:23:37	284m	14'54"/km
6.	69	00:02:04	00:25:41	123m	16'48"/km
7.	70	00:03:06	00:28:47	87m	35'38"/km
8.	71	00:01:24	00:30:11	102m	13'44"/km
9.	72	00:03:20	00:33:31	262m	12'43"/km
10.	187	00:05:21	00:38:52	261m	20'30"/km
11.	167	00:04:24	00:43:16	314m	14'01"/km
12.	166	00:02:49	00:46:05	117m	24'04"/km
13.	169	00:11:57	00:58:02	383m	31'12"/km
14.	171	00:04:11	01:02:13	276m	15'09"/km
15.	195	00:02:36	01:04:49	192m	13'32"/km
16.	174	00:06:00	01:10:49	355m	16'54"/km
17.	175	00:07:01	01:17:50	355m	19'46"/km
18.	176	00:02:27	01:20:17	136m	18'01"/km
19.	179	00:03:55	01:24:12	240m	16'19"/km
20.	193	00:04:07	01:28:19	287m	14'21"/km
21.	180	00:14:23	01:42:42	402m	35'47"/km
22.	183	00:03:53	01:46:35	254m	15'17"/km
23.	184	00:02:14	01:48:49	117m	19'05"/km
24.	255	00:02:42	01:51:31	223m	12'06"/km
25.	999	00:00:39	01:52:10	109m	5'58"/km

Orienteering Software