



# BOC #1 - Régionale Moyenne Distance

## Varkensgat 11.11.2023

### Altair Orientation

**Michel BASTIN**

O.L.G. St. Vith ARDOC

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 0:39:52 (6'56"/km)

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O.K.

[Résultats complets sur Webres](#)

1. Louis HALTZ 0:38:50  
3. Rune DELERCQ 0:39:58

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 184 | 00:02:25          | 410m | 5'54"/km  |
| 2.  | 190 | 00:00:43 00:03:08 | 143m | 5'01"/km  |
| 3.  | 66  | 00:00:49 00:03:57 | 104m | 7'51"/km  |
| 4.  | 67  | 00:01:21 00:05:18 | 179m | 7'33"/km  |
| 5.  | 68  | 00:01:27 00:06:45 | 284m | 5'06"/km  |
| 6.  | 69  | 00:00:54 00:07:39 | 123m | 7'19"/km  |
| 7.  | 70  | 00:00:40 00:08:19 | 87m  | 7'40"/km  |
| 8.  | 71  | 00:01:32 00:09:51 | 102m | 15'02"/km |
| 9.  | 72  | 00:01:38 00:11:29 | 262m | 6'14"/km  |
| 10. | 187 | 00:01:58 00:13:27 | 261m | 7'32"/km  |
| 11. | 167 | 00:01:57 00:15:24 | 314m | 6'13"/km  |
| 12. | 166 | 00:01:11 00:16:35 | 117m | 10'07"/km |
| 13. | 169 | 00:02:53 00:19:28 | 383m | 7'32"/km  |
| 14. | 171 | 00:01:46 00:21:14 | 276m | 6'24"/km  |
| 15. | 195 | 00:01:30 00:22:44 | 192m | 7'49"/km  |
| 16. | 174 | 00:02:33 00:25:17 | 355m | 7'11"/km  |
| 17. | 175 | 00:01:55 00:27:12 | 355m | 5'24"/km  |
| 18. | 176 | 00:01:02 00:28:14 | 136m | 7'36"/km  |
| 19. | 179 | 00:02:25 00:30:39 | 240m | 10'04"/km |
| 20. | 193 | 00:01:34 00:32:13 | 287m | 5'28"/km  |
| 21. | 180 | 00:02:41 00:34:54 | 402m | 6'40"/km  |
| 22. | 183 | 00:02:16 00:37:10 | 254m | 8'55"/km  |
| 23. | 184 | 00:00:49 00:37:59 | 117m | 6'59"/km  |
| 24. | 255 | 00:01:26 00:39:25 | 223m | 6'26"/km  |
| 25. | 999 | 00:00:27 00:39:52 | 109m | 4'08"/km  |

Orienteering Software