



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Lily-Anne COLE

TROL

Circuit : D:Rouge

Distance : 3920m (Dénivelé 125m)

Temps : 1:40:17 (25'35"/km)

24/28

O.K.

[Résultats complets sur Webres](#)

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|------------------------|---------|
| 1. Linda VERBRAKEN | 0:44:04 |
| 2. Sofie HERREMANS | 0:45:04 |
| 3. Josefine HEDERSTROM | 0:51:08 |

1.	186	00:04:02		201m	20'04"/km
2.	171	00:02:27	00:06:29	155m	15'48"/km
3.	187	00:08:36	00:15:05	361m	23'49"/km
4.	192	00:04:57	00:20:02	161m	30'45"/km
5.	193	00:02:41	00:22:43	83m	32'20"/km
6.	179	00:09:11	00:31:54	287m	32'00"/km
7.	175	00:07:46	00:39:40	334m	23'15"/km
8.	191	00:02:56	00:42:36	128m	22'55"/km
9.	183	00:13:11	00:55:47	377m	34'58"/km
10.	69	00:06:41	01:02:28	225m	29'42"/km
11.	72	00:03:38	01:06:06	166m	21'53"/km
12.	189	00:05:57	01:12:03	273m	21'48"/km
13.	66	00:05:22	01:17:25	209m	25'41"/km
14.	184	00:06:13	01:23:38	232m	26'48"/km
15.	195	00:10:18	01:33:56	249m	41'22"/km
16.	185	00:01:00	01:34:56	76m	13'09"/km
17.	255	00:04:02	01:38:58	254m	15'53"/km
18.	999	00:01:19	01:40:17	109m	12'05"/km

Orienteering Software