



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Julie PEEMANS

Altair Orientation

Circuit : D:Rouge

Distance : 3920m (Dénivelé 125m)

Temps : 1:31:40 (23'23"/km)

21/28

O.K.

[Résultats complets sur Webres](#)

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|------------------------|---------|
| 1. Linda VERBRAKEN | 0:44:04 |
| 2. Sofie HERREMANS | 0:45:04 |
| 3. Josefine HEDERSTROM | 0:51:08 |

1.	186	00:03:13		201m	16'00"/km
2.	171	00:02:34	00:05:47	155m	16'34"/km
3.	187	00:07:52	00:13:39	361m	21'47"/km
4.	192	00:06:47	00:20:26	161m	42'08"/km
5.	193	00:02:34	00:23:00	83m	30'55"/km
6.	179	00:05:31	00:28:31	287m	19'13"/km
7.	175	00:09:44	00:38:15	334m	29'09"/km
8.	191	00:01:49	00:40:04	128m	14'12"/km
9.	183	00:10:47	00:50:51	377m	28'36"/km
10.	69	00:09:58	01:00:49	225m	44'18"/km
11.	72	00:02:18	01:03:07	166m	13'51"/km
12.	189	00:04:35	01:07:42	273m	16'47"/km
13.	66	00:05:30	01:13:12	209m	26'19"/km
14.	184	00:05:00	01:18:12	232m	21'33"/km
15.	195	00:05:18	01:23:30	249m	21'17"/km
16.	185	00:00:54	01:24:24	76m	11'51"/km
17.	255	00:06:24	01:30:48	254m	25'12"/km
18.	999	00:00:52	01:31:40	109m	7'57"/km

Orienteering Software