



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Richard MATHOT

HERMATHENAE

Omloop : H:05

Afstand : 3900m (Hoogteverschil 145m)

Tijd : 0:38:49 (9'57"/km)

1/11

O.K.

[Volledige uitslagen op Webres](#)

1.	139	00:01:40		193m	8'38"/km
2.	125	00:02:18	00:03:58	276m	8'20"/km
3.	143	00:01:15	00:05:13	176m	7'06"/km
4.	147	00:01:00	00:06:13	74m	13'31"/km
5.	140	00:02:13	00:08:26	154m	14'24"/km
6.	134	00:02:54	00:11:20	341m	8'30"/km
7.	137	00:01:15	00:12:35	158m	7'55"/km
8.	113	00:03:44	00:16:19	270m	13'50"/km
9.	128	00:04:21	00:20:40	384m	11'20"/km
10.	111	00:01:18	00:21:58	96m	13'32"/km
11.	129	00:01:14	00:23:12	98m	12'35"/km
12.	109	00:02:27	00:25:39	218m	11'14"/km
13.	104	00:02:43	00:28:22	273m	9'57"/km
14.	114	00:02:41	00:31:03	163m	16'28"/km
15.	132	00:02:21	00:33:24	281m	8'22"/km
16.	135	00:02:17	00:35:41	276m	8'16"/km
17.	118	00:01:02	00:36:43	166m	6'13"/km
18.	121	00:01:50	00:38:33	286m	6'25"/km
19.	180	00:00:16	00:38:49	52m	5'08"/km

Orienteering Software