



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Florent SANA

2 Cdo

Omloop : H:04

Afstand : 4300m (Hoogteverschil 150m)

Tijd : 1:09:51 (16'15"/km)

--/35

O.K.

[Volledige uitslagen op Webres](#)

1. Francis GLASSÉE	0:41:00
2. Eric LORENT	0:42:12
3. Frédéric PICARD	0:42:25

1.	101	00:04:29		189m	23'43"/km
2.	133	00:01:52	00:06:21	108m	17'17"/km
3.	145	00:03:46	00:10:07	227m	16'36"/km
4.	125	00:03:01	00:13:08	192m	15'43"/km
5.	123	00:03:21	00:16:29	151m	22'11"/km
6.	113	00:08:15	00:24:44	634m	13'01"/km
7.	112	00:03:12	00:27:56	142m	22'32"/km
8.	141	00:04:07	00:32:03	183m	22'30"/km
9.	142	00:03:07	00:35:10	298m	10'28"/km
10.	128	00:01:25	00:36:35	102m	13'53"/km
11.	110	00:02:24	00:38:59	183m	13'07"/km
12.	109	00:03:21	00:42:20	170m	19'42"/km
13.	106	00:02:10	00:44:30	170m	12'45"/km
14.	107	00:01:31	00:46:01	125m	12'08"/km
15.	116	00:04:24	00:50:25	141m	31'12"/km
16.	147	00:06:11	00:56:36	494m	12'31"/km
17.	140	00:03:49	01:00:25	154m	24'47"/km
18.	144	00:04:06	01:04:31	306m	13'24"/km
19.	146	00:01:42	01:06:13	130m	13'05"/km
20.	120	00:01:51	01:08:04	112m	16'31"/km
21.	121	00:01:15	01:09:19	85m	14'42"/km
22.	180	00:00:32	01:09:51	52m	10'15"/km

Orienteering Software