



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Valery DE SAEDELEER

DGJM

Omloop : H:03

Afstand : 5000m (Hoogteverschil 170m)

Tijd : 1:03:19 (12'40"/km)

20/34

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Christophe DUSSART | 0:36:10 |
| 2. Nico MESKENS | 0:41:41 |
| 3. Patrick CLAES | 0:41:47 |

1.	133	00:05:58		277m	21'32"/km
2.	103	00:02:44	00:08:42	343m	7'58"/km
3.	147	00:03:25	00:12:07	274m	12'28"/km
4.	117	00:05:30	00:17:37	560m	9'49"/km
5.	116	00:02:30	00:20:07	245m	10'12"/km
6.	136	00:07:18	00:27:25	103m	70'52"/km
7.	114	00:00:57	00:28:22	128m	7'25"/km
8.	104	00:01:39	00:30:01	163m	10'07"/km
9.	141	00:05:31	00:35:32	523m	10'33"/km
10.	142	00:02:30	00:38:02	298m	8'23"/km
11.	111	00:02:58	00:41:00	177m	16'46"/km
12.	110	00:01:53	00:42:53	154m	12'14"/km
13.	109	00:02:41	00:45:34	170m	15'47"/km
14.	108	00:02:36	00:48:10	252m	10'19"/km
15.	107	00:02:09	00:50:19	97m	22'10"/km
16.	115	00:03:00	00:53:19	302m	9'56"/km
17.	144	00:01:52	00:55:11	167m	11'11"/km
18.	148	00:02:53	00:58:04	201m	14'21"/km
19.	118	00:01:06	00:59:10	121m	9'05"/km
20.	146	00:02:06	01:01:16	200m	10'30"/km
21.	120	00:01:05	01:02:21	112m	9'40"/km
22.	121	00:00:41	01:03:02	85m	8'02"/km
23.	180	00:00:17	01:03:19	52m	5'27"/km

Orienteering Software