



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Frank TOUSSAINT

Ci-MEG

Omloop : H:03

Afstand : 5000m (Hoogteverschil 170m)

Tijd : 0:44:19 (8'52"/km)

5/34

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Christophe DUSSART | 0:36:10 |
| 2. Nico MESKENS | 0:41:41 |
| 3. Patrick CLAES | 0:41:47 |

1.	133	00:03:31		277m	12'42"/km
2.	103	00:02:15	00:05:46	343m	6'34"/km
3.	147	00:02:19	00:08:05	274m	8'27"/km
4.	117	00:04:26	00:12:31	560m	7'55"/km
5.	116	00:02:05	00:14:36	245m	8'30"/km
6.	136	00:01:20	00:15:56	103m	12'57"/km
7.	114	00:00:55	00:16:51	128m	7'10"/km
8.	104	00:01:15	00:18:06	163m	7'40"/km
9.	141	00:05:04	00:23:10	523m	9'41"/km
10.	142	00:01:29	00:24:39	298m	4'59"/km
11.	111	00:01:22	00:26:01	177m	7'43"/km
12.	110	00:01:48	00:27:49	154m	11'41"/km
13.	109	00:01:52	00:29:41	170m	10'59"/km
14.	108	00:02:03	00:31:44	252m	8'08"/km
15.	107	00:02:24	00:34:08	97m	24'45"/km
16.	115	00:02:15	00:36:23	302m	7'27"/km
17.	144	00:01:24	00:37:47	167m	8'23"/km
18.	148	00:01:33	00:39:20	201m	7'43"/km
19.	118	00:01:00	00:40:20	121m	8'16"/km
20.	146	00:01:36	00:41:56	200m	8'00"/km
21.	120	00:00:54	00:42:50	112m	8'02"/km
22.	180	00:00:56	00:43:46		
23.	121	00:00:20	00:44:06	52m	6'25"/km
24.	180	00:00:13	00:44:19	52m	4'10"/km

Orienteering Software