



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Jean-Manuel VERPOORTEN

HERMATHENAE

Omloop : H:02

Afstand : 5500m (Hoogteverschil 175m)

Tijd : 0:43:56 (7'59"/km)

1/18

O.K.

[Volledige uitslagen op Webres](#)

2. Sven HERMANS 0:44:27
3. Christophe RESTIVO 0:44:35

1.	139	00:01:20		193m	6'55"/km
2.	102	00:01:36	00:02:56	191m	8'23"/km
3.	145	00:01:07	00:04:03	118m	9'28"/km
4.	103	00:01:16	00:05:19	167m	7'35"/km
5.	125	00:01:01	00:06:20	140m	7'16"/km
6.	134	00:03:19	00:09:39	512m	6'29"/km
7.	136	00:01:37	00:11:16	144m	11'14"/km
8.	114	00:00:45	00:12:01	128m	5'52"/km
9.	106	00:01:45	00:13:46	211m	8'18"/km
10.	131	00:01:36	00:15:22	159m	10'04"/km
11.	127	00:00:50	00:16:12	100m	8'20"/km
12.	129	00:02:29	00:18:41	333m	7'27"/km
13.	111	00:00:44	00:19:25	98m	7'29"/km
14.	142	00:01:23	00:20:48	177m	7'49"/km
15.	107	00:03:58	00:24:46	494m	8'02"/km
16.	115	00:02:36	00:27:22	302m	8'37"/km
17.	135	00:02:01	00:29:23	260m	7'45"/km
18.	117	00:01:02	00:30:25	153m	6'45"/km
19.	137	00:01:53	00:32:18	187m	10'04"/km
20.	116	00:00:24	00:32:42	61m	6'33"/km
21.	104	00:02:26	00:35:08	334m	7'17"/km
22.	147	00:01:33	00:36:41	214m	7'15"/km
23.	140	00:02:04	00:38:45	154m	13'25"/km
24.	132	00:01:25	00:40:10	143m	9'54"/km
25.	124	00:00:26	00:40:36	67m	6'28"/km
26.	144	00:01:02	00:41:38	131m	7'53"/km
27.	146	00:00:53	00:42:31	130m	6'48"/km
28.	121	00:01:12	00:43:43	176m	6'49"/km
29.	180	00:00:13	00:43:56	52m	4'10"/km

Orienteering Software