



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Tim JACOBS

29 Bn Log

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:56:14 (9'32"/km)

42/71

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Pierre QUINIET | 0:39:15 |
| 2. Tomy JANSSENS | 0:39:48 |
| 3. Jo LINTEN | 0:41:13 |

1.	101	00:01:48		189m	9'31"/km
2.	102	00:02:01	00:03:49	217m	9'18"/km
3.	103	00:01:29	00:05:18	207m	7'10"/km
4.	104	00:03:12	00:08:30	489m	6'33"/km
5.	126	00:08:52	00:17:22	175m	50'40"/km
6.	127	00:01:33	00:18:55	98m	15'49"/km
7.	105	00:01:05	00:20:00	117m	9'16"/km
8.	107	00:01:55	00:21:55	268m	7'09"/km
9.	108	00:02:34	00:24:29	97m	26'28"/km
10.	109	00:01:42	00:26:11	252m	6'45"/km
11.	110	00:01:42	00:27:53	170m	10'00"/km
12.	111	00:01:11	00:29:04	154m	7'41"/km
13.	112	00:02:19	00:31:23	341m	6'48"/km
14.	113	00:01:38	00:33:01	142m	11'30"/km
15.	114	00:01:53	00:34:54	239m	7'53"/km
16.	115	00:01:05	00:35:59	127m	8'32"/km
17.	137	00:02:04	00:38:03	230m	8'59"/km
18.	117	00:02:20	00:40:23	187m	12'29"/km
19.	118	00:01:54	00:42:17	251m	7'34"/km
20.	146	00:01:29	00:43:46	200m	7'25"/km
21.	134	00:01:33	00:45:19	242m	6'24"/km
22.	140	00:02:26	00:47:45	341m	7'08"/km
23.	147	00:01:54	00:49:39	154m	12'20"/km
24.	143	00:00:45	00:50:24	74m	10'08"/km
25.	125	00:01:18	00:51:42	176m	7'23"/km
26.	123	00:01:33	00:53:15	151m	10'16"/km
27.	124	00:00:58	00:54:13	215m	4'30"/km
28.	120	00:01:17	00:55:30	246m	5'13"/km
29.	121	00:00:30	00:56:00	85m	5'53"/km
30.	180	00:00:14	00:56:14	52m	4'29"/km