



# Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

**Davy DE BOEL**

Kamp BEVERLO

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:54:36 (9'15"/km)

**40/71**

O.K.

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- |                   |         |
|-------------------|---------|
| 1. Pierre QUINIET | 0:39:15 |
| 2. Tomy JANSSENS  | 0:39:48 |
| 3. Jo LINTEN      | 0:41:13 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 101 | 00:02:12 |          | 189m | 11'38"/km |
| 2.  | 102 | 00:02:27 | 00:04:39 | 217m | 11'17"/km |
| 3.  | 103 | 00:01:39 | 00:06:18 | 207m | 7'58"/km  |
| 4.  | 104 | 00:03:25 | 00:09:43 | 489m | 6'59"/km  |
| 5.  | 126 | 00:01:26 | 00:11:09 | 175m | 8'11"/km  |
| 6.  | 127 | 00:01:53 | 00:13:02 | 98m  | 19'13"/km |
| 7.  | 105 | 00:01:03 | 00:14:05 | 117m | 8'58"/km  |
| 8.  | 107 | 00:02:35 | 00:16:40 | 268m | 9'38"/km  |
| 9.  | 108 | 00:01:48 | 00:18:28 | 97m  | 18'33"/km |
| 10. | 109 | 00:01:53 | 00:20:21 | 252m | 7'28"/km  |
| 11. | 110 | 00:02:19 | 00:22:40 | 170m | 13'38"/km |
| 12. | 111 | 00:01:32 | 00:24:12 | 154m | 9'57"/km  |
| 13. | 112 | 00:02:32 | 00:26:44 | 341m | 7'26"/km  |
| 14. | 113 | 00:01:51 | 00:28:35 | 142m | 13'02"/km |
| 15. | 114 | 00:01:49 | 00:30:24 | 239m | 7'36"/km  |
| 16. | 115 | 00:01:12 | 00:31:36 | 127m | 9'27"/km  |
| 17. | 137 | 00:01:56 | 00:33:32 | 230m | 8'24"/km  |
| 18. | 117 | 00:02:05 | 00:35:37 | 187m | 11'08"/km |
| 19. | 118 | 00:02:14 | 00:37:51 | 251m | 8'54"/km  |
| 20. | 146 | 00:01:42 | 00:39:33 | 200m | 8'30"/km  |
| 21. | 134 | 00:02:50 | 00:42:23 | 242m | 11'42"/km |
| 22. | 140 | 00:02:30 | 00:44:53 | 341m | 7'20"/km  |
| 23. | 147 | 00:02:29 | 00:47:22 | 154m | 16'08"/km |
| 24. | 143 | 00:00:51 | 00:48:13 | 74m  | 11'29"/km |
| 25. | 125 | 00:01:20 | 00:49:33 | 176m | 7'35"/km  |
| 26. | 123 | 00:01:33 | 00:51:06 | 151m | 10'16"/km |
| 27. | 124 | 00:01:00 | 00:52:06 | 215m | 4'39"/km  |
| 28. | 120 | 00:01:24 | 00:53:30 | 246m | 5'41"/km  |
| 29. | 121 | 00:00:50 | 00:54:20 | 85m  | 9'48"/km  |
| 30. | 180 | 00:00:16 | 00:54:36 | 52m  | 5'08"/km  |