



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Michael CAMPIONE

IRMEP - KMILO

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:42:18 (7'10"/km)

5/71

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Pierre QUINIET | 0:39:15 |
| 2. Tomy JANSSENS | 0:39:48 |
| 3. Jo LINTEN | 0:41:13 |

1.	101	00:01:26		189m	7'35"/km
2.	102	00:01:37	00:03:03	217m	7'27"/km
3.	103	00:01:20	00:04:23	207m	6'26"/km
4.	104	00:02:53	00:07:16	489m	5'54"/km
5.	126	00:01:21	00:08:37	175m	7'43"/km
6.	127	00:01:29	00:10:06	98m	15'08"/km
7.	105	00:01:03	00:11:09	117m	8'58"/km
8.	107	00:01:40	00:12:49	268m	6'13"/km
9.	108	00:01:32	00:14:21	97m	15'48"/km
10.	109	00:01:31	00:15:52	252m	6'01"/km
11.	110	00:01:31	00:17:23	170m	8'55"/km
12.	111	00:00:55	00:18:18	154m	5'57"/km
13.	112	00:02:15	00:20:33	341m	6'36"/km
14.	113	00:01:31	00:22:04	142m	10'41"/km
15.	114	00:01:18	00:23:22	239m	5'26"/km
16.	115	00:01:18	00:24:40	127m	10'14"/km
17.	137	00:01:20	00:26:00	230m	5'48"/km
18.	117	00:02:00	00:28:00	187m	10'42"/km
19.	118	00:01:34	00:29:34	251m	6'15"/km
20.	146	00:01:21	00:30:55	200m	6'45"/km
21.	134	00:01:28	00:32:23	242m	6'04"/km
22.	140	00:02:15	00:34:38	341m	6'36"/km
23.	147	00:01:34	00:36:12	154m	10'10"/km
24.	143	00:00:35	00:36:47	74m	7'53"/km
25.	125	00:01:09	00:37:56	176m	6'32"/km
26.	123	00:01:32	00:39:28	151m	10'09"/km
27.	124	00:00:53	00:40:21	215m	4'07"/km
28.	120	00:01:10	00:41:31	246m	4'45"/km
29.	121	00:00:33	00:42:04	85m	6'28"/km
30.	180	00:00:14	00:42:18	52m	4'29"/km