



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Anja SMOLDERS

15 W Lu Tpt

Omloop : D:05

Afstand : 3900m (Hoogteverschil 145m)

Tijd : 1:02:54 (16'08"/km)

3/6

O.K.

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- | | |
|---------------------|---------|
| 1. Marijke DEBRUYNE | 0:45:59 |
| 2. Lieve THIERS | 1:02:52 |

1.	139	00:04:23		193m	22'43"/km
2.	125	00:03:22	00:07:45	276m	12'12"/km
3.	143	00:01:42	00:09:27	176m	9'40"/km
4.	147	00:02:45	00:12:12	74m	37'10"/km
5.	140	00:03:15	00:15:27	154m	21'06"/km
6.	134	00:03:54	00:19:21	341m	11'26"/km
7.	137	00:01:47	00:21:08	158m	11'17"/km
8.	113	00:07:57	00:29:05	270m	29'27"/km
9.	128	00:07:40	00:36:45	384m	19'58"/km
10.	111	00:02:57	00:39:42	96m	30'44"/km
11.	129	00:01:10	00:40:52	98m	11'54"/km
12.	109	00:03:30	00:44:22	218m	16'03"/km
13.	104	00:03:26	00:47:48	273m	12'35"/km
14.	114	00:02:19	00:50:07	163m	14'13"/km
15.	132	00:02:36	00:52:43	281m	9'15"/km
16.	135	00:03:49	00:56:32	276m	13'50"/km
17.	118	00:02:36	00:59:08	166m	15'40"/km
18.	121	00:03:29	01:02:37	286m	12'11"/km
19.	180	00:00:17	01:02:54	52m	5'27"/km

Orienteering Software